

How to Raise an Adult

or

Disappointment and Failure in Toddlers and Children

Google

creating ownership

sense of ownership in employees
sense of ownership in the workplace
why is it important to take ownership
accountability and ownership in the workplace

How did we get here?

Disappointment

All children need to experience disappointment and failure to become functioning adults



Don't

Give in to protect your child from a tantrum by giving them what they want.



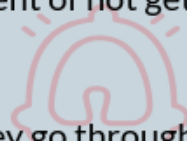
Do

Allow your child to experience disappointment. If they want the red cup and get the blue cup, allow them to experience the disappointment of not getting what they want.



Do

Be there for your child as they go through the tantrum and be there for them physically, but don't give them the object/ or action that they desire.



Failure

Disappointment is when the outside world doesn't cooperate and Failure is when our own actions don't pan out



Do

Allow children to feel the full effects of failure by experiencing the consequences or having to fix problems.



Do

Celebrate failures. They are how we grow as people and you can celebrate your own failures.



Don't

Abandon them; you can offer suggestions or support but don't fix the problem and don't rescue them



powered by